



PALM BEACH SALON

HAIR EXTENSION SPECIALISTS

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Hair Extension Aftercare: A Comprehensive Guide

Overview

1. Use recommended products for maintaining hair extensions.
2. Avoid washing or sweating for 2 days post-installation or maintenance.
3. Be gentle with hair extensions during brushing, drying, and styling.
4. Avoid exposure to heat, oils, conditioners, or silicone-based products near the bonds.
5. Be cautious while swimming; avoid wetting the hair, if possible.
6. Be aware of the potential for hair color fading and discoloration due to sunblock or UV protection products.
7. Maintenance is crucial for the longevity of hair extensions and the health of your hair.
8. Regular appointments are recommended for extension upkeep and replacement.

Detailed Guide

2.1 Product Recommendations

- Shampoo and conditioner: Mega Sleek by Matrix or Platinum Seamless
- It's a 10 leave-in spray conditioner
- Dove dry shampoo
- Brazilian Blowout Shine Spray Solution
- Please note that Palm Beach Salon will not guarantee the hair if non-recommended products are used.

2.2 Washing Guidelines

- Do not wash/sweat for 2 days after installation or maintenance.
- Wash your hair 2-3 times a week with recommended products.
- Do not shampoo the hair ends unless there's product residue buildup.

- Do not scrub in an up and down motion while washing or drying.
- Rinse all shampoo out to avoid scalp itch.
- Avoid keeping bonds wet to prevent bond weakening and slippage.
- Always dry your hair before going to bed.

2.3 Conditioning Guidelines

- Condition the hair from the midshaft down; avoid the bond area.
- Deep conditioning or oil treatment is advised occasionally, from midshaft down.
- Note that hair extensions need more conditioner than normal hair.

2.4 Drying and Styling Guidelines

- When drying with a blow dryer, use low to medium heat directed towards the ground.
- Avoid using excessive heat on or near the bond.
- Dry the bonds post-washing, then allow most of the hair to air dry.
- Control the temperature of your heat source to avoid damage.
- Overheating the extensions and your hair can lead to Palm Beach Salon declining responsibility for damages.

2.5 Brushing Guidelines

- Brush gently and hold the section above where you are brushing.
- Brush from the bottom up and do not pull hard.
- Avoid brushing right on the bond.

2.6 Night-Time Care

- Braid your hair loosely every night before bed.
- A silk pillow can help alleviate any friction and tangling.

2.7 Swimming and Sun Exposure

- Avoid getting the hair wet when swimming.
- Wet hair with regular water and apply a leave-in spray before and after swimming.
- Be aware that sunblock or hair products with UV protection can cause hair discoloration.

2.8 Maintenance

- The more you sweat or engage in activities that weaken the bonds, the sooner you'll need a maintenance appointment.
- Come in sooner for maintenance in the summer or if you sweat a lot.
- For tape ins or weft hair extensions, make an appointment every 4-8 weeks.
- Tape hair extensions, the weft, and itips can be used up to 3x with proper care.
- Keratin bonds should be removed between 3-6 months.
- It is normal to lose some hair extensions during wear (generally 0-10).
- If unsatisfied with the placement or need additional cutting of the extensions, adjustments are free within 1 week of installation.

Important Note

Maintaining your hair extensions as per the guidelines is essential to their longevity and the health of your own hair. Regular care and maintenance are key. Always reach out to your stylist if you need guidance or encounter issues.

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